

Christ Renews His Parish (CRHP)

On **February 21-22, 2026**, we will have our **Christ Renews His Parish spiritual renewal weekend for the women**. For questions or information on how to register, please contact **Siobhan Nolan at 630-263-4396, sbhnolan@yahoo.com or Anna Criddle, Lay Director at 313-909-7374, annaiotten@gmail.com**. The theme is **“We are One in the Spirit”**. Below are answers to some frequently asked questions.

- **What is CRHP?**

Christ Renews His Parish is a spiritual renewal weekend designed to help individuals grow in their personal relationship with Jesus Christ and with others in the faith community. CRHP originally started in 1969. It was recommended by the renewal office of the U.S. Conference of Catholic Bishops as the primary instrument of personal and parish renewal for Catholic parishes in the U.S. and Italy. The rights to CRHP have recently been bought by Dynamic Catholics (Matthew Kelly).

- **What happens during the weekend?**

During the weekend you will listen to a number of your fellow parishioners (team members) who have volunteered to give a personal witness to the power of Jesus Christ in their lives. There will be readings of scripture, time for prayer, and time set aside for personal reflection.

- **Will I have to get up and talk?**

Other than a brief introduction you will not have to get up and talk in front of others unless you want to. The weekend is structured around talks given by previous CRHP participants. Group discussion and activities take place after each talk. Weekend participants are usually broken up into tables of 5-6 people. Most in-depth discussion takes place among your own table. You are free to share as much or as little as you are comfortable with. All conversations and experiences are confidential.

- **Who may attend?**

CRHP is open to all adults, age 18 and older. It is for anyone seeking spiritual renewal. You do not have to be spiritual to attend the weekend. In fact, many people attend because they are not as spiritual as they would like. Many attend because they feel something is missing from their lives.

- **What about sacraments?**

Sacraments are an integral part of the weekend. There will be an opportunity for reconciliation, and we will go to 4:30 Mass as a group. Then, the weekend will conclude with a private service on Sunday.

- **When and where do these weekends take place?**

The women's weekend (February 21-22, 2026) will take place in our parish school. The weekend will begin at 8:00 am on Saturday with a continental breakfast and will end at approximately 9:30 PM after reconciliation and prayers. Sunday morning starts 7:00 AM and will conclude at approximately 4:00 pm. Sunday. It is a 30 hour spiritual renewal weekend and attendance on both days is required.

- **Where do I sleep?**

For this weekend, you can go home on Saturday evening and come back on Sunday morning. We will not have sleeping accommodations for the weekend at this time.

- **What about meals?**

You will be pampered with great meals while on the weekend. There are also regular breaks for coffee, soft drinks, and snacks. If you have a special diet please let us know when you register so we will be able to provide for your needs. There will be plenty of good, nutritious foods on this weekend.

- **What types of clothes do I bring for this weekend?**

Casual and comfortable clothing is appropriate for the weekend (especially with waistbands that expand – you will eat well!). Since it might be cold out, it is recommended you bring warm clothes that you can layer.

- **Can I afford the cost of the weekend?**

There is a free will donation if you wish to give one but this weekend is free to all participants.

- **What about you?**

If you've read this far you must be at least a little bit interested. It's a great opportunity for developing meaningful and lasting relationships. Say a prayer. Ask God what you should do. And then step back and be open to the power of the Holy Spirit. I think He wants you here don't you?